QLI FITNESS EQUIPMENT

CATALOGUE



★ ★ ★ ★ ★

POWER YOUR LIFESTYLE

AUSTRALIA I VIETNAM I USA

ABOUT US

*At QLI Fitness Equipment, we are redefining fitness innovation with our global presence and unwavering commitment to excellence. With **two state-of-the-art factories in Vietnam**, including a 30,000-square-meter facility and a brand new 45,000-square-meter factory, we bring unmatched manufacturing expertise to the global fitness market. Our team of over 400 skilled professionals, including experienced engineers, ensures every piece of equipment meets the highest standards of durability, performance, and style.*

*As a truly global company, we operate from three strategic headquarters in the **United States, Australia, and Vietnam**, allowing us to deliver premium fitness solutions seamlessly to customers worldwide. Powered by **advanced technologies and robotics**, our production process guarantees precision and quality. We offer **customization options** to tailor products to your brand and colour preferences for eligible container orders, making us the ideal partner for fitness businesses looking to stand out.*



*At QLI Fitness Equipment, we stand behind every machine we build. Our warranty covers the steel frame and welds for **10 years**, and all components (including rollers, bearings, cables, upholstery, rubber parts, paint finish, plating, pulleys, bolts, nuts, etc.) for **1 year**.*

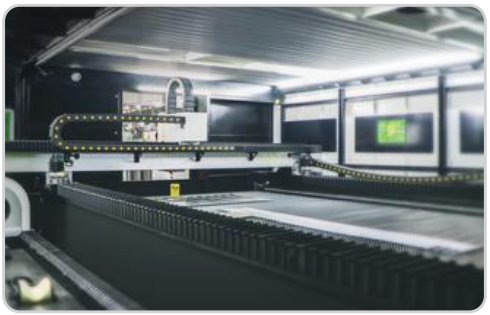
MISSION

To empower fitness enthusiasts and businesses worldwide with innovative, customizable, and high quality equipment that transforms lives, enhances experiences, and elevates lifestyles.



VISION

To become the world's leading provider of premium fitness solutions by leveraging advanced technologies, global expertise, and customer centric customization, setting the gold standard for innovation and excellence in the fitness industry.





FACTORY

We create secure and effective working environments with the best machine. We go above and beyond to make sure that our customers stay happy with the good / services received from us.

We are constantly creative to deliver each customer high-quality products and services with trustworthiness, respect, and responsibility.

VALUES

Innovation: *We embrace cutting-edge technologies and robotics to deliver unparalleled quality and performance.*

Customer Focus: *We prioritize the unique needs of our customers, offering tailored solutions that enhance their fitness journeys.*

Global Excellence: *With headquarters in the US, Australia, and Vietnam, we uphold a global standard of quality and service.*

Sustainability: *Our commitment to premium materials and efficient processes reflects our dedication to a healthier planet.*

Integrity: *We stand behind our products with a 10-year warranty on the structural frame and welds and a 1-year warranty on all components, backed by responsive customer support to ensure long-term trust and reliability.*

CUSTOMIZED PRODUCTS

WORLDWIDE DELIVERY







QUALITY CONTROL

Our process is designed to be robust, starting from the conceptualization and design engineering phase, all the way to assembly and quality inspection.

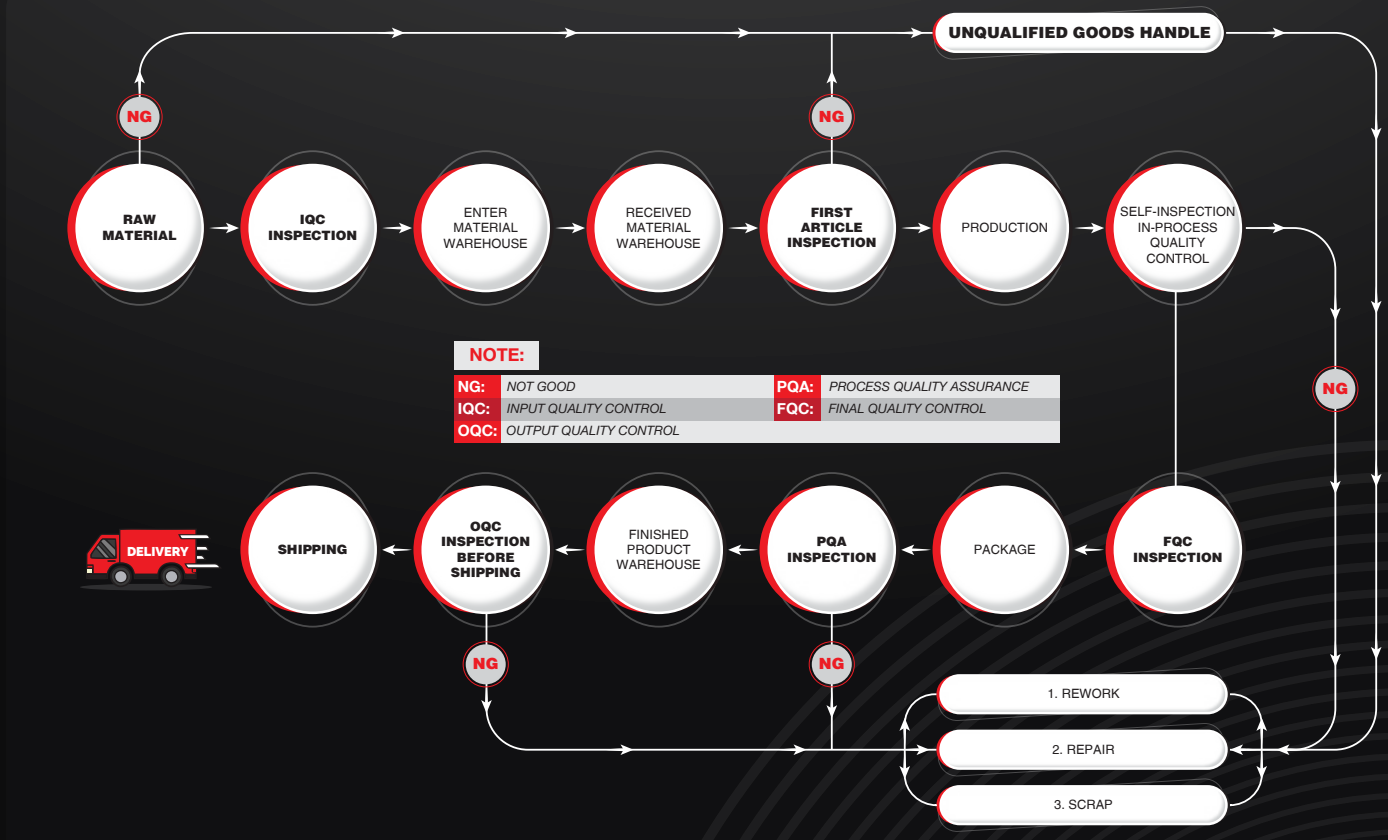


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STRENGTH

STRENGTH MACHINES

Plate-loaded strength machines deliver an optimal balance of safety, control, and performance. Designed to support progressive strength development, they allow users to train with precision while maintaining correct biomechanics throughout each movement.

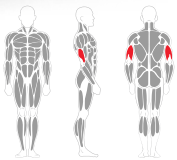
At QLI Fitness, our strength machines are engineered for durability, smooth load transfer, and consistent resistance. Built to meet the demands of commercial facilities and serious training environments, they provide a reliable platform for athletes and fitness professionals across all levels.

Positioned machines clearly for commercial and professional use

QLI WEIGHT STACK SEATED DIP MACHINE

MODEL: QWSD065





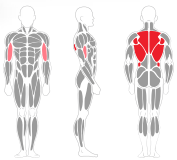
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
66 7/16" (1687 mm)	45 5/8" (1159 mm)	59 3/16" (1503 mm)	739.2 lbs (336 kg)	308 lbs (140 kg)

QLI SEATED BACK ROW MACHINE

MODEL: QSBR46





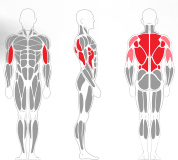
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
51 3/4" (1314 mm)	52 1/8" (1324 mm)	59 3/16" (1503 mm)	673.2 lbs (306 kg)	253 lbs (115 kg)

QLI LAT PULLDOWN SEATED ROW MACHINE

MODEL: QPSM083





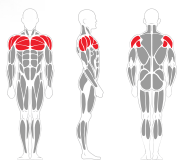
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
85 7/8" (2182 mm)	42 1/2" (1079 mm)	92" (2337 mm)	646.8 lbs (294 kg)	242 lbs (110 kg)

QLI STANDING MULTI FLIGHT

MODEL: QSMF49





DIMENSIONS

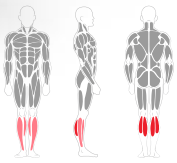
Length	Width	Height	Net Weight	Weight Capacity
49 5/16" (1252 mm)	32 5/16" (820 mm)	74 13/16" (1900 mm)	737 lbs (335 kg)	264 lbs (120 kg)

QLI DONKEY CALF RAISE MACHINE

MODEL: QDCRM70







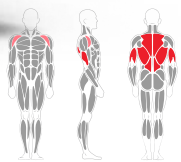
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
70 ½" (1790 mm)	30 13/16" (783 mm)	67 5/16" (1710 mm)	640 lbs (291 kg)	440 lbs (200 kg)

QLI ASSISTED DIP CHIN MACHINE

MODEL: QADM193





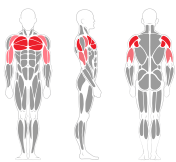
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
52 11/16" (1338 mm)	70 1/6" (1779 mm)	89 13/16" (2281 mm)	644.6 lbs (293 kg)	220 lbs (100 kg)

QLI CHEST FLY MACHINE

MODEL: QCFM189





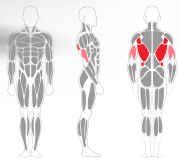
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
60 1/8" (1527 mm)	62 3/16" (1580 mm)	77 7/16" (1967 mm)	594 lbs (270 kg)	220 lbs (100 kg)

QLI FIXED LAT PULLDOWN MACHINE

MODEL: QFLP60





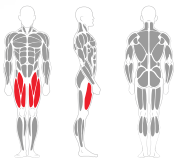
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
65 ¾" (1670 mm)	55 15/16" (1422 mm)	78 ¼" (1988 mm)	641 lbs (291.5 kg)	220 lbs (110 kg)

QLI GLUTE EXERCISE MACHINE

MODEL: QGEM91





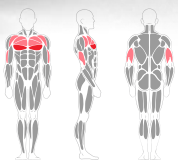
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
82 7/16" (2094 mm)	57 ¼" (1454 mm)	67 15/16" (1725 mm)	974 lbs (443 kg)	440 lbs (200 kg)

QLI DECLINE PRESS MACHINE

MODEL: QDPM060





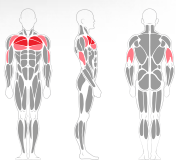
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
64 ¾" (1644 mm)	51 5/8" (1312 mm)	59 3/16" (1503 mm)	693 lbs (315 kg)	308 lbs (140 kg)

QLI PRO-AXIS INCLINE CHEST PRESS

MODEL: QPAIP63





DIMENSIONS

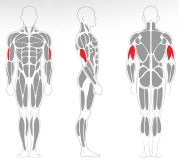
Length	Width	Height	Net Weight	Weight Capacity
63 1/8" (1604 mm)	73 1/16" (1855 mm)	68 ¼" (1733 mm)	959.64 lbs (436.2 kg)	308 lbs (140 kg)

QLI PRO-AXIS TRICEPS EXTENSION

MODEL: QPATE49







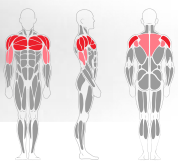
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
49 5/8" (1262 mm)	50 7/8" (1292 mm)	59 1/4" (1505 mm)	693 lbs (315 kg)	242 lbs (100 kg)

QLI PRO-AXIS DUAL PEC/FLY

MODEL: QPADP64





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
63 7/8" (1610 mm)	48 1/4" (1226 mm)	80 1/8" (2035 mm)	660 lbs (300 kg)	264 lbs (120 kg)

QLI PRO-AXIS PRONE LEG CURL

MODEL: QPAPC84





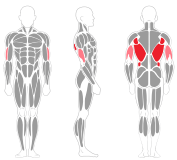
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
79 3/8" (2015 mm)	46 11/16" (1170 mm)	59 1/8" (1503 mm)	700 lbs (318 kg)	264 lbs (120 kg)

QLI PRO-AXIS SEATED ROW

MODEL: QPASR54





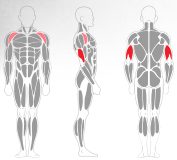
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
54 9/16" (1386 mm)	55 1/16" (1399 mm)	74 1/8" (1882 mm)	846 lbs (384.4 kg)	308 lbs (140 kg)

QLI PRO-AXIS TRICEPS DIP

MODEL: QPATD61





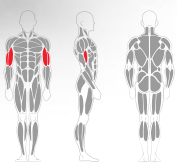
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
61 7/8" (1572 mm)	49 3/16" (1250 mm)	59 1/16" (1500 mm)	759 lbs (345 kg)	264 lbs (120 kg)

QLI PRO-AXIS BICEPS CURL

MODEL: QPABC53





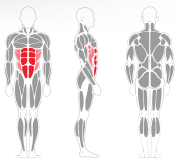
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
53 3/8" (1407 mm)	45 3/8" (1152 mm)	59 1/16" (1507 mm)	660 lbs (300 kg)	264 lbs (120 kg)

QLI PRO-AXIS AB CRUNCH

MODEL: QPAC52





DIMENSIONS

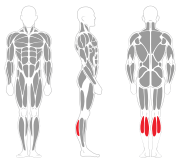
Length	Width	Height	Net Weight	Weight Capacity
52 5/8" (1336 mm)	44 3/4" (1137 mm)	59 1/16" (1500 mm)	634 lbs (288 kg)	220 lbs (100 kg)

QLI PRO-AXIS CALF RAISE

MODEL: QPACR65







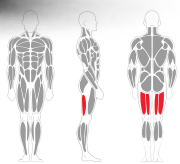
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
64 ¾" (1670 mm)	49 ¾" (1265 mm)	59 ¼" (1504 mm)	796 lbs (362 kg)	330 lbs (150 kg)

QLI PRO-AXIS SEATED LEG CURL

MODEL: QPALC49





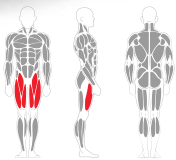
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
49 15/16" (1269 mm)	49" (1245 mm)	59 1/8" (1502 mm)	781 lbs (355 kg)	264 lbs (120 kg)

QLI PRO-AXIS LEG EXTENSION

MODEL: QPALE47





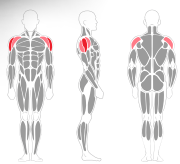
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
47 7/8" (1215 mm)	46 7/8" (1170 mm)	59 7/8" (1505 mm)	721 lbs (322 kg)	264 lbs (120 kg)

QLI PRO-AXIS LATERAL RAISE

MODEL: QPALR62





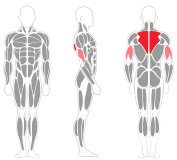
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
62 3⁄16” (1579 mm)	47 5⁄8” (1200 mm)	59 7⁄16” (1510 mm)	748 lbs (340 kg)	264 lbs (120 kg)

QLI PRO-AXIS ROW MACHINE

MODEL: QPARM63





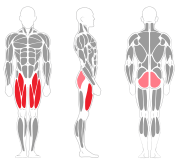
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
63 15⁄16” (1624 mm)	43 3⁄4” (1112 mm)	59 1⁄16” (1500 mm)	726 lbs (330 kg)	264 lbs (120 kg)

QLI PRO-AXIS SEATED LEG PRESS

MODEL: QPALP74





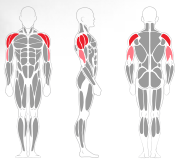
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
74” (1899 mm)	55” (1408 mm)	71” (1809 mm)	1181 lbs (537 kg)	484 lbs (220 kg)

QLI WIDE SHOULDER PRESS MACHINE

MODEL: QWSPM062





DIMENSIONS

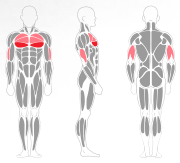
Length	Width	Height	Net Weight	Weight Capacity
62 5⁄16” (1583 mm)	56 3⁄4” (1441 mm)	59 1⁄16” (1500 mm)	686 lbs (312 kg)	220 lbs (100 kg)

QLI WIDE CHEST PRESS

MODEL: QWCP072







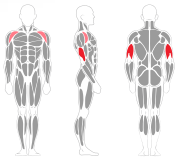
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
73 ¼" (1860 mm)	49 ⅛" (1247 mm)	70 15⁄16" (1802 mm)	319 lbs (145 kg)	440 lbs (200 kg)

QLI PLATE LOADED SEATED DIP MACHINE

MODEL: QPSD058





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
61 13⁄16" (1570 mm)	59 13⁄16" (1520 mm)	35 9⁄16" (903 mm)	308 lbs (140 kg)	440 lbs (200 kg)

QLI SHOULDER PRESS MACHINE

MODEL: QSPM070





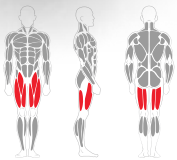
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
68 7⁄16" (1738 mm)	54 1⁄16" - 55 13⁄16" (1373 - 1418 mm)	59 ⅛" (1502 mm)	304.9 lbs (138.6 kg)	440 lbs (200 kg)

QLI LEG CURL BENCH

MODEL: QLCB330





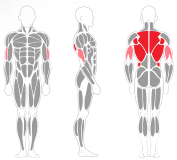
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
75 15/16" (1929 mm)	33 1/8" (841 mm)	29 15/16" (760 mm)	144 lbs (65.5 kg)	308 lbs (140 kg)

QLI SEATED ROW MACHINE

MODEL: QSRM060





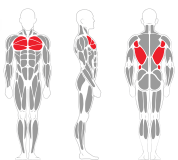
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
64 5/16" (1634 mm)	55 15/16" (1421 mm)	51 7/16" (1306 mm)	297 lbs (135 kg)	440 lbs (200 kg)

QLI PLATE LOADED PULLOVER

MODEL: QPLP083





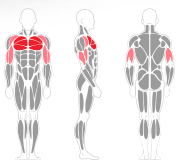
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
81 1/16" (2059 mm)	63 13/16" (1621 mm)	71 1/4" (1810 mm)	528 lbs (240 kg)	264 lbs (120 kg)

QLI PURE CHEST PRESS

MODEL: QPCP073





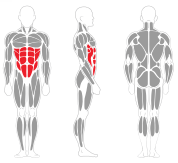
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
75 1/4" (1912 mm)	49 5/16" (1253 mm)	70" (1778 mm)	331.8 lbs (150.8 kg)	440 lbs (200 kg)

QLI AB CRUNCH MACHINE
MODEL: QCM01







DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
48 ¾" (1238 mm)	53 ⅛" (1350 mm)	60 ¹/₁₆" (1526 mm)	275 lbs (125 kg)	264 lbs (120 kg)

QLI FREE STANDING J SQUAT – SINGLE SIDED
MODEL: QFSS058





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
57 ⅝" (1463 mm)	33 ⅝" (854 mm)	23 ⅜" (594 mm)	59 lbs (29 kg)	880 lbs (400 kg)

QLI FREE STANDING J SQUAT – DOUBLE SIDED
MODEL: QFDS107





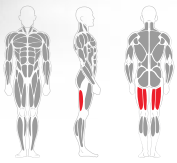
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
107 ¹⁵/₁₆" (2742 mm)	30 ⅝" (778 mm)	23 ⅜" (594 mm)	158 lbs (72 kg)	880 lbs (400 kg)

QLI STANDING LEG CURL-PLATE LOAD

MODEL: QSLC038





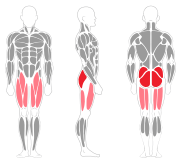
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
44 ¼" (1125 mm)	50 ⅜" (1280 mm)	49 ⅝" (1260 mm)	184 lbs (84 kg)	330 lbs (150 kg)

QLI BELT SQUAT

MODEL: QBQ090





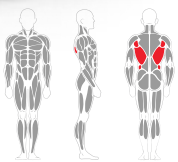
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
89 5/16" (2268 mm)	55 11/16" (1415 mm)	43 3/16" (1097 mm)	286 lbs (130 kg)	550 lbs (250 kg)/Per side 1100 lbs (500 kg)/Both Side

QLI LAT PULL ROW PLATE MACHINE

MODEL: QLPRM93





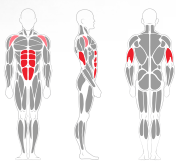
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
93 7/16" (2374 mm)	59 13/16" (1520 mm)	89 1/8" (2264 mm)	455 lbs (207 kg)	550 lbs (250 kg)

QLI LEG RAISE & DIP

MODEL: QLRD065





DIMENSIONS

Length	Width	Height	Net Weight
44 7/8" (1140 mm)	33 5/16" (846 mm)	59 13/16" (1519 mm)	144.5 lbs (65.7 kg)

QLI STRETCH TRAINER

MODEL: QST060





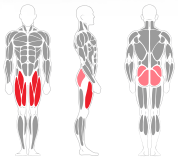
DIMENSIONS

Length	Width	Height	Net Weight
61 5/16" (1557 mm)	27 13/16" (706 mm)	46 13/16" (1189 mm)	108 lbs (49 kg)

QLI PENDULUM SQUAT M2

MODEL: QPSM2





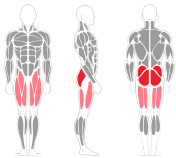
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
90 1/2" (2298 mm)	63 7/16" (1611 mm)	67 11/16" (1704 mm)	458.5 lbs (208 kg)	660 lbs (300 kg)

QLI HIP PRESS

MODEL: QHP092





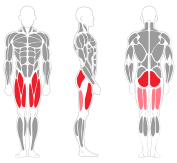
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
92 15/16" (2362 mm)	65 1/16" (1652 mm)	67" (1702 mm)	627 lbs (285 kg)	1320 lbs (600 kg)

QLI PURE LINEAR LEG PRESS

MODEL: QPLP105





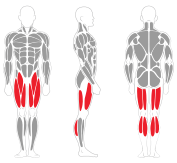
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
102 13/16" (2611 mm)	65 5/16" (1659 mm)	50 1/4" (1276 mm)	471 lbs (214 kg)	990 lbs (450 kg)

QLI ADJUSTABLE HACK SQUAT MACHINE

MODEL: QAHS100





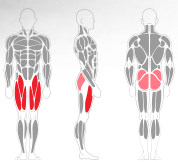
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
100 9/16" (2555 mm)	59 7/16" (1510 mm)	56 9/16" (1436 mm)	407 lbs (185 kg)	770 lbs (350 kg)

QLI VERTICAL LEG PRESS

MODEL: QVLP070





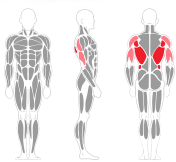
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
73 11/16" (1871 mm)	70 1/16" (1780 mm)	84 13/16" (2155 mm)	594 lbs (270 kg)	660 lbs (300 kg)

QLI INCLINE ROW MACHINE

MODEL: QIRM92





DIMENSIONS

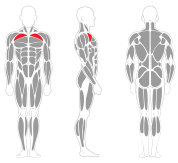
Length	Width	Height	Net Weight	Weight Capacity
84 7/8" (2156 mm)	72 1/16" (1830 mm)	56" (1423 mm)	480 lbs (218 kg)	660 lbs (300 kg)

QLI PLATE LOADED INCLINE CHEST PRESS

MODEL: QPCP88







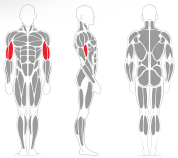
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
87 15/16" (2233 mm)	77 11/16" (1973 mm)	58 11/16" (1491 mm)	609.4 lbs (277 kg)	660 lbs (300 kg)

QLI BICEP CURL MACHINE

MODEL: QBCM060





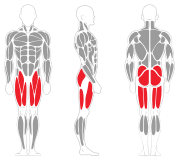
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
54 1/16" (1373 mm)	45 3/16" (1148 mm)	38 1/8" (968 mm)	233 lbs (106 kg)	352 lbs (160 kg)

QLI HIP THRUST MACHINE

MODEL: QHTM050





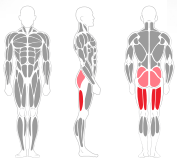
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
73 7/16" (1865 mm)	53 7/8" (1368 mm)	44 5/16" (1126 mm)	308 lbs (140 kg)	264 lbs (120 kg)

QLI PRONE LEG CURL

MODEL: QPLC078





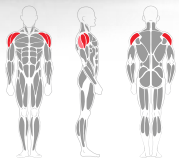
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
78 ¼" (2093 mm)	44 ½" (1130 mm)	33 ¾" (857 mm)	206 lbs (93.7 kg)	396 lbs (180 kg)

QLI ADJUSTABLE SHOULDER PRESS MACHINE

MODEL: QASP63





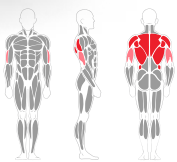
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
66 ¾" (1695 mm)	77 15/16" (1979 mm)	59 ⅜" (1508 mm)	563 lbs (256 kg)	660 lbs (300 kg)

QLI PLATE LOADED T- BAR ROW MACHINE

MODEL: QPTBR86





DIMENSIONS

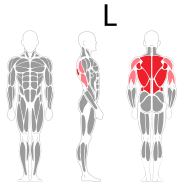
Length	Width	Height	Net Weight	Weight Capacity
86 1/16" (2186 mm)	49 1/16" (1246 mm)	49 5/16" (1252 mm)	238 lbs (108 kg)	396 lbs (180 kg)

QLI ADJUSTABLE SEATED ROW MACHINE

MODEL: QASR62



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DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
60 15/16" (1549 mm)	57 3/16" (1452 mm)	48 13/16" (1240 mm)	369 lbs (167.9 kg)	660 lbs (300 kg)

QLI ADJUSTABLE LEG EXTENSION MACHINE

MODEL: QALE61



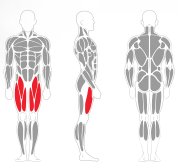
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
71 ½" (1815 mm)	52 ⅞" (1345 mm)	45 ⅝" (1160 mm)	389 lbs (177 kg)	440 lbs (200 kg)

QLI LEG EXTENSION

MODEL: QLE059





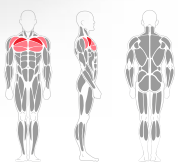
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
59 5/16" (1506 mm)	66 ¾" (1695 mm)	53 7/16" (1358 mm)	286 lbs (130 kg)	660 lbs (300 kg)

QLI INCLINE CHEST PRESS

MODEL: QICP080





DIMENSIONS

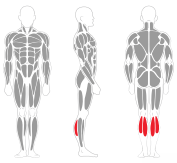
Length	Width	Height	Net Weight	Weight Capacity
77 ¼" (1962 mm)	43 ⅜" (1101 mm)	73 ⅛" (1857 mm)	312.4 lbs (142 kg)	440 lbs (200 kg)

QLI SEATED CALF RAISE MACHINE

MODEL: QSCR075







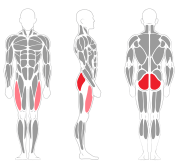
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
76 9/16" (1945 mm)	42 5/16" (1074 mm)	37 1/8" (943 mm)	189 lbs (86 kg)	484 lbs (220 kg)

QLI STANDING ABDUCTOR

MODEL: QSA074





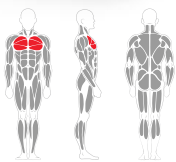
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
73 15/16" (1878 mm)	42 1/8" (1070 mm)	60 1/4" (1530 mm)	301 lbs (137 kg)	484 lbs (220 kg)

QLI CHEST PRESS MACHINE

MODEL: QCP78



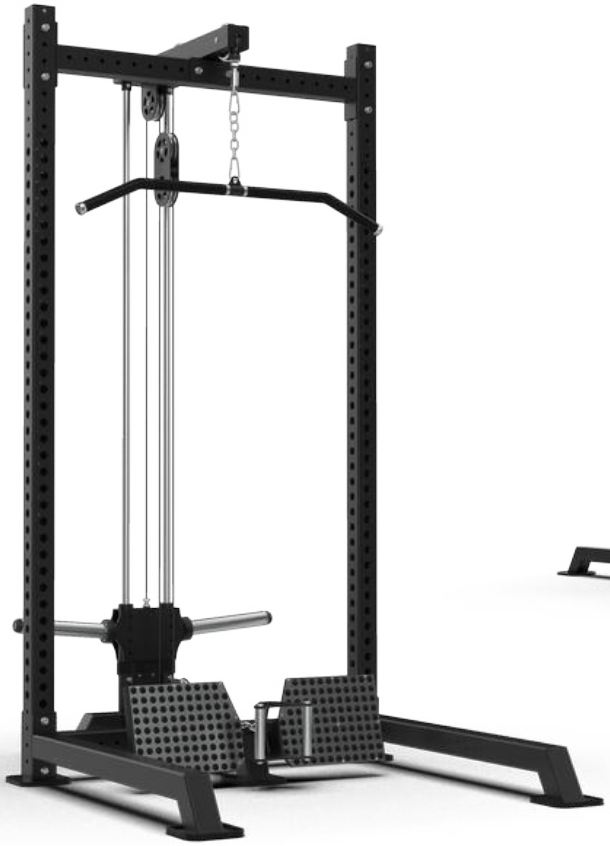


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
76 5/8" (1946 mm)	75 13/16" (1925 mm)	39 1/8" (993 mm)	372 lbs (169 kg)	550 lbs (250 kg)

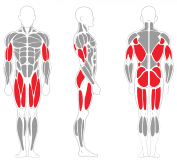
QLI LAT PULLDOWN – LOW ROW

MODEL: QPLR050









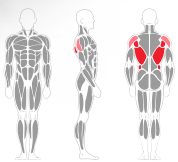
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
66 11/16" (1694 mm)	52 1/16" (1322 mm)	92 15/16" (2360 mm)	316.8 lbs (144 kg)	550 lbs (250 kg)

QLI LAT PULLDOWN

MODEL: QLP01





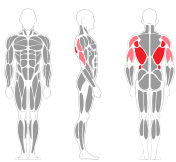
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
77 1/2" (1968 mm)	59 5/16" (1507 mm)	77 3/8" (1966 mm)	338 lbs (154 kg)	440 lbs (200 kg)

QLI T-BAR ROW

MODEL: QTBR070





DIMENSIONS

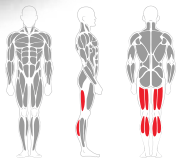
Length	Width	Height	Net Weight	Weight Capacity
69 3/4" (1771 mm)	48 1/8" (1222 mm)	26 1/16" (662 mm)	216 lbs (98 kg)	440 lbs (200 kg)

QLI STANDING LEG CURL

MODEL: QSLC064







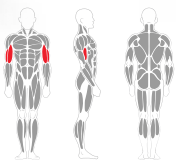
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
55 3/16" (1402 mm)	51 3/16" (1300 mm)	48 1/8" (1223 mm)	266 lbs (121 kg)	220 lbs (100 kg)

QLI PREACHER CURL SITTING

MODEL: QPCS042





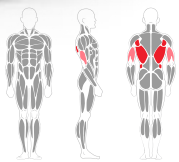
DIMENSIONS

Length	Width	Height	Net Weight
42 1/16" (1068 mm)	29 15/16" (760 mm)	36 7/16" (925 mm)	114 lbs (52 kg)

QLI ADJUSTABLE LAT PULLDOWN MACHINE

MODEL: QALPM93





DIMENSIONS

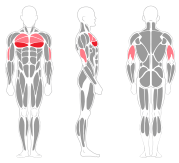
Length	Width	Height	Net Weight	Weight Capacity
93 7/16" (2374 mm)	59 13/16" (1520 mm)	89 1/8" (2263 mm)	477 lbs (217 kg)	550 lbs (250 kg)

QLI PRO-ARM POWER TRICEPS

MODEL: QPATE57







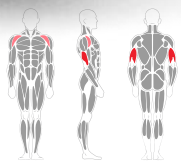
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
57 11/16" (1465 mm)	56" (1423 mm)	55 3/8" (1406 mm)	407 lbs (185 kg)	330 lbs (150 kg)

QLI PRO-ARM MULTI ANGLE CURL

MODEL: QPAMC54





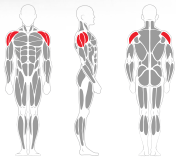
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
54 5/16" (1380 mm)	59 5/16" (1507 mm)	51 3/4" (1314 mm)	396 lbs (180 kg)	352 lbs (160 kg)

QLI PRO-ARM VARIANGLE CHEST PRESS

MODEL: QPAVP75





DIMENSIONS

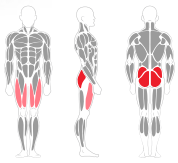
Length	Width	Height	Net Weight	Weight Capacity
81 11/16" (2075 mm)	77 3/4" (1975 mm)	56 5/8" (1439 mm)	594 lbs (270 kg)	660 lbs (300 kg)

QLI ADDUCTOR AND ABDUCTOR MACHINE

MODEL: QAAM01







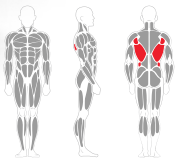
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
59 7/16" (1509 mm)	49 7/16" (1256 mm)	59 1/16" (1500 mm)	704 lbs (320 kg)	264 lbs (120 kg)

QLI PLATE LOADED LEVER ROW

MODEL: QPLR70





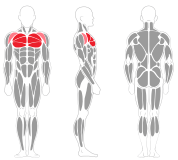
DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
67 13/16" (1722 mm)	60 1/4" (1530 mm)	47 11/16" (1211 mm)	251 lbs (114 kg)	440 lbs (200 kg)

QLI PLATE LOADED CHEST PRESS

MODEL: QCP660



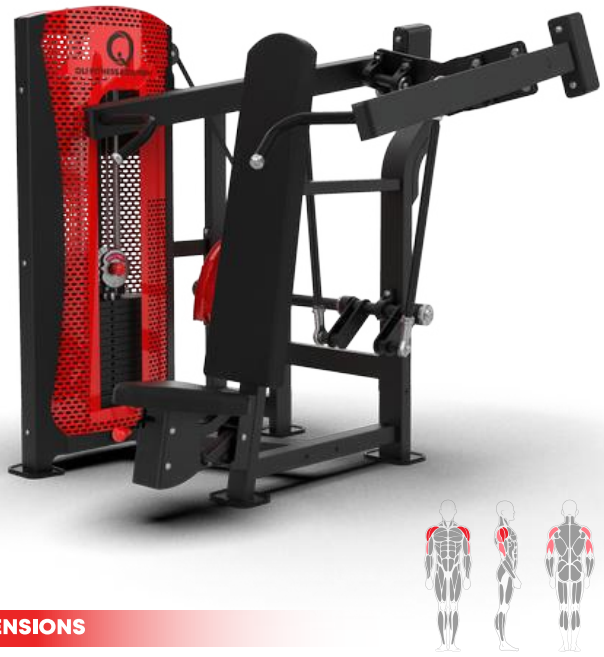


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
73 1/2" (1867 mm)	58 7/16" (1484 mm)	51 1/8" (1298 mm)	211 lbs (96 kg)	440 lbs (200 kg)

QLI PRO-AXIS SHOULDER PRESS
MODEL: QPASP63



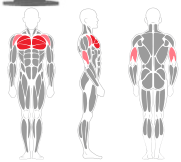


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
70 13/16" (1798 mm)	61 1/4" (1556 mm)	59 5/16" (1507 mm)	875.6 lbs (398 kg)	264 lbs (120 kg)

QLI PRO-AXIS CHEST PRESS
MODEL: QPACP60



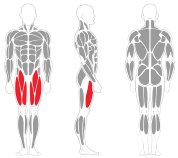


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
65 3/4" (1670 mm)	60 13/16" (1544 mm)	77 7/16" (1967 mm)	1022 lbs (464.5 kg)	308 lbs (140 kg)

QLI 45 DEGREE LEG PRESS
MODEL: QLP045

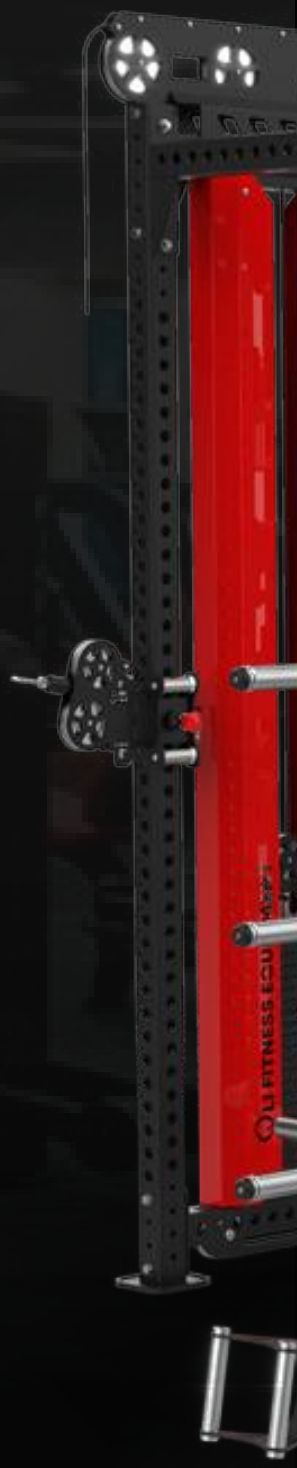




DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
85 1/16" (2160 mm)	72 15/16" (1852 mm)	54 7/8" (1394 mm)	440 lbs (200 kg)	990 lbs (450 kg)

MULTI FUNCTION



Maximise training efficiency and floor space with our versatile multi-function systems. Designed as all-in-one strength solutions, these units enable a wide range of full-body exercises within a compact footprint.

With advanced mechanical design and adaptable configurations, users can perform movements such as squats, presses, rows, and functional training variations - supporting strength development, muscle conditioning, and overall performance in one integrated system.

Strengthened appeal for studios and commercial facilities



QLI DUAL CABLE CROSSOVER MACHINE

MODEL: QDCM58



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
59” (1499 mm)	47 ½” (1206 mm)	67 7/16” (1713 mm)	880 lbs (400 kg)	462 lbs (210 kg)

QLI FOLD-AWAY STRENGTH TRAINER

MODEL: QFST085

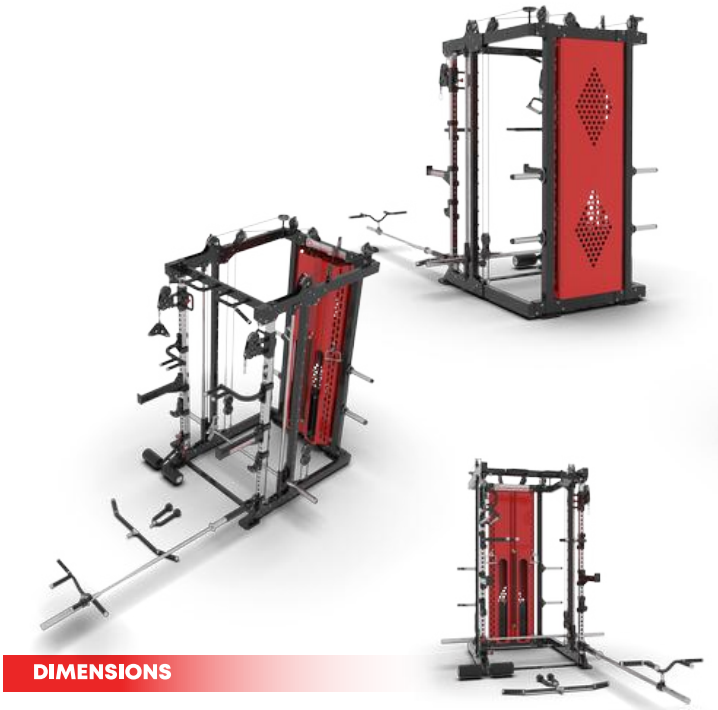


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
45 7/8” - 54 ½” (1165 - 1385 mm)	53 ¼” - 71 1/8” (1352 - 1807 mm)	89 7/16” (2272 mm)	829 lbs (377 kg)	374 lbs (170 kg)

QLI MULTI-FUNCTIONAL RACK

MODEL: QMFR81



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
79 11/16” (2024 mm)	150” (3810 mm)	96 ¾” (2458 mm)	1322 lbs (601 kg)	440 lbs (200 kg)

QLI MULTI-FUNCTION POWER CAGE

MODEL: QMPC125



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
125 9/16” (3189 mm)	119 11/16” (3040 mm)	106 1/8” (2696 mm)	2046 lbs (930 kg)	485/2 cluster (220/2 cluster)

QLI MULTI FLEX
MODEL: QMF300





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
71 ¼" (1810 mm)	61 1⁄16" (1551 mm)	34 13⁄16" (885 mm)	286 lbs (130 kg)	660 lbs (300 kg)

QLI MULTI-FUNCTION HOME GYM
MODEL: QMHG206







DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
80 9⁄16" (2046 mm)	44" (1118 mm)	83 15⁄16" (2133 mm)	748 lbs (340 kg)	176 lbs (80 kg)

QLI MULTI CABLE CROSSOVER MACHINE
MODEL: QMCM182





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
176 ¼" (4477 mm)	96 13⁄16" (2459 mm)	96 ¾" (2457 mm)	2090 lbs (950 kg)	1058/4 cluster (480/4 cluster)

QLI FUNCTIONAL TRAINER MACHINE
MODEL: QFTM77





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
77 ½" (1969 mm)	63 7⁄16" (1611 mm)	90 1⁄8" (2289 mm)	1318 lbs (599 kg)	528 lbs (240 kg)

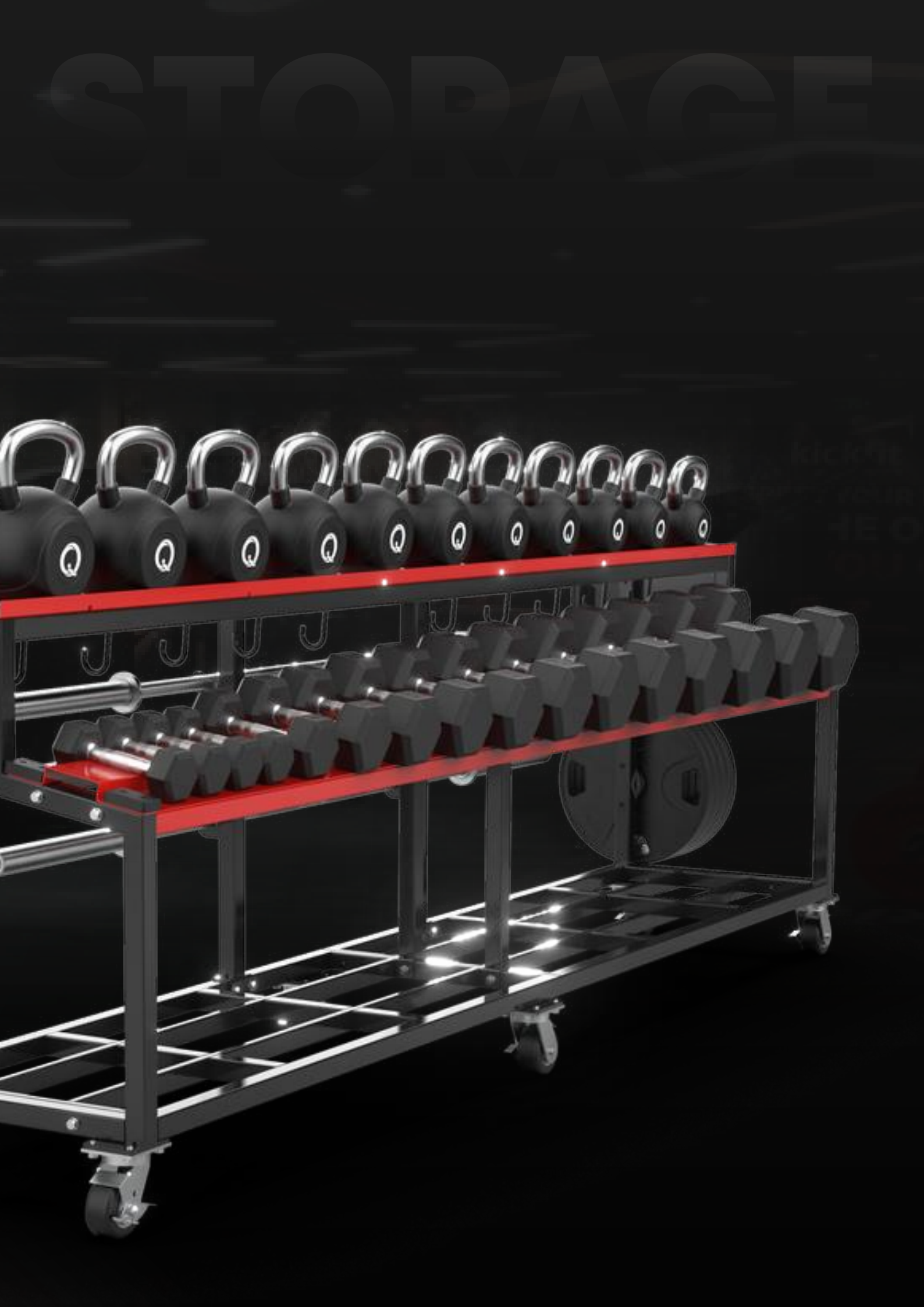
STORAGE

Efficient storage is fundamental to a safe, organised, and professional training environment. Our storage solutions are designed to keep weights, bars, and accessories securely arranged and easily accessible.

Built for durability and daily commercial use, QLI Fitness storage systems help maintain a clean, clutter-free gym floor - improving workflow, safety, and the overall user experience while reinforcing a professional facility image.

Shifted focus from “essential” to operational excellence




STORAGE

QLI DISC & DUMBBELL RACK

MODEL: QDR144







DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
144 ⅛" (3660 mm)	26 13⁄16" (681 mm)	41 ¼" (1048 mm)	340 lbs (154.5 kg)	1100 lbs (500 kg)

QLI BARBELL STORAGE RACK

MODEL: QBSR92



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
34 ½" (876 mm)	36 7⁄16" (926 mm)	55 5⁄16" (1405 mm)	132 lbs (60 kg)	660 lbs (300 kg)

QLI WEIGHT PLATE STORAGE RACK

MODEL: QWPR37



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
37 9⁄16" (954 mm)	26 ¾" (680 mm)	54 15⁄16" (1396 mm)	81 lbs (36.6 kg)	1430 lbs (650 kg)

QLI DUMBBELL STORAGE RACK

MODEL: QDSR84



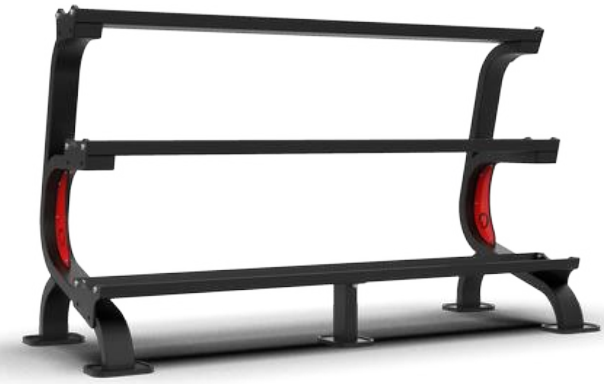


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
58 7/8" (1496 mm)	27 1/2" (699 mm)	39 5/8" (1007 mm)	171 lbs (77.5 kg)	1469 lbs (680 kg)

QLI KETTLEBELL STORAGE RACK

MODEL: QKSR54





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
67" (1702 mm)	27 1/2" (699 mm)	39" (991 mm)	148 lbs (67.4 kg)	825 lbs (375 kg)

QLI OLYMPIC WEIGHT TREE

MODEL: QWT400





DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
35 7/16" (900 mm)	27 3/8" (695 mm)	52 3/4" (1340 mm)	81 lbs (37 kg)	880 lbs (400 kg)

BENCHES

Engineered for stability, comfort, and performance, our benches are designed to support a wide range of strength training and bodybuilding applications.

Whether used in commercial gyms, training studios, or premium home setups, QLI Fitness benches deliver professional-grade construction and reliable support - helping users train with confidence and progress to the next level.

Clarified usage across commercial and home environments




BENCHES
85
65
50
35
20
0
-20

QLI ADJUSTABLE BENCH

MODEL: QAB01



DIMENSIONS

Length	Width	Height	Net Weight
57 ½" (1460 mm)	22" (559 mm)	17 5/16" (440 mm)	99 lbs (45 kg)

QLI ADJUSTABLE BENCH

MODEL: QAB03



DIMENSIONS

Length	Width	Height	Net Weight
53 1/8" (1350 mm)	25 3/16" (640 mm)	17 ½" (444 mm)	70 lbs (32 kg)

QLI BACK EXTENSION

MODEL: QBE030



DIMENSIONS

Length	Width	Height	Net Weight
49 9/16" (1259 mm)	33 1/8" (842 mm)	40 9/16" (1031 mm)	101 lbs (46 kg)

QLI BENCH PRESS FRAME

MODEL: QBPF056

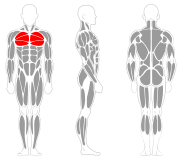


DIMENSIONS

Length	Width	Height	Net Weight
49 3/16" (1250 mm)	52 1/16" (1322 mm)	56 ½" (1435 mm)	283.8 lbs (129 kg)

QLI MULTI BENCH PRESS
MODEL: QMP450







DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
61 5/8" (1565 mm)	86 5/8" (2200 mm)	63 7/16" (1612 mm)	224 lbs (102 kg)	880 lbs (400 kg)





RIGS & RACKS

Our rigs and racks are built to form the backbone of high-performance training spaces. Designed for strength, versatility, and modular expansion, they support a wide range of compound lifts and functional training applications.

Engineered for structural integrity and long-term durability, QLI Fitness rigs and racks help create organised, efficient, and scalable training environments suited to commercial gyms, performance centres, and serious training facilities.

Positioned as foundational equipment for serious facilities





QLI SUPER DUTY SPX RACK 1

MODEL: QSPX1



DIMENSIONS

Length	Width	Height	Net Weight
52 1/16" (1322 mm)	47 11/16" (1212 mm)	95 3/16" (2418 mm)	163 lbs (74 kg)

QLI SUPER DUTY SPX RACK 2

MODEL: QSPX2



DIMENSIONS

Length	Width	Height	Net Weight
52 1/16" (1322 mm)	47 11/16" (1212 mm)	95 3/16" (2418 mm)	266 lbs (121 kg)

QLI POWER CAGE

MODEL: QPC98



DIMENSIONS

Length	Width	Height	Net Weight
79 1/8" (2010 mm)	51 3/8" (1305 mm)	98 13/16" (2510 mm)	429 lbs (195 kg)

QLI POWER RACK

MODEL: QPR265



DIMENSIONS

Length	Width	Height	Net Weight
101 3/4" (2584 mm)	75 3/16" (1910 mm)	98 13/16" (2510 mm)	583 lbs (265 kg)

QLI POWER RACK
MODEL: QPR165



DIMENSIONS

Length	Width	Height	Net Weight
86 5/8" (2200 mm)	51 3/8" (1305 mm)	98 13/16" (2510 mm)	363 lbs (165 kg)

QLI POWER RACK
MODEL: QPR158



DIMENSIONS

Length	Width	Height	Net Weight
86 5/8" (2200 mm)	34 5/16" (872 mm)	98 13/16" (2510 mm)	325.6 lbs (148 kg)

QLI POWER SQUAT RACK
MODEL: QPSR02



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
77 9/16" (1970 mm)	33 11/16" (855 mm)	98 13/16" (2510 mm)	418 lbs (190 kg)	660 lbs (300 kg)

QLI POWER RACK
MODEL: QPR350



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
87 11/16" (2228 mm)	53 3/8" (1355 mm)	96 15/16" (2462 mm)	457 lbs (208 kg)	880 lbs (400 kg)

QLI SQUAT RACK FRAME

MODEL: QSRF01



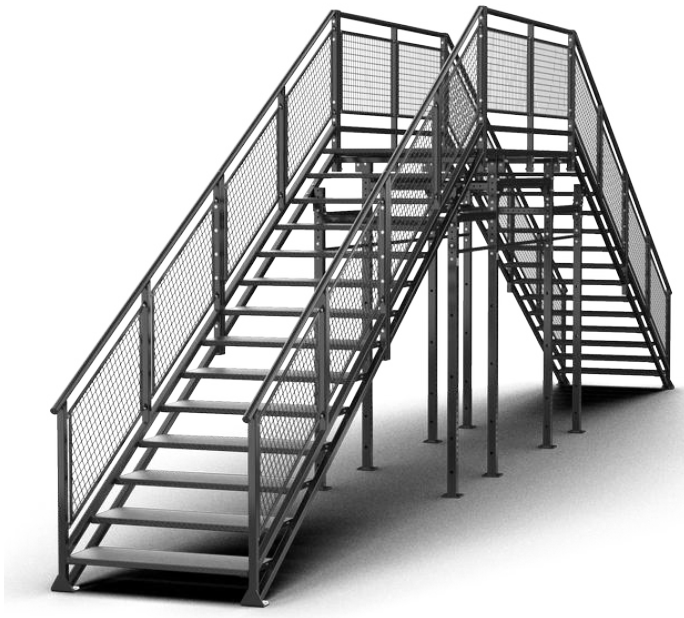


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
86 5/8" (2200 mm)	64 15/16" (1650 mm)	92 7/8" (2359 mm)	341 lbs (155 kg)	550 lbs (250 kg)

QLI SSTAIRCASE RIG – 2 CELLS

MODEL: QSR-2C







DIMENSIONS

Length	Width	Height	Net Weight
512 3/16" (13009 mm)	57 1/16" (1450 mm)	157 5/16" (3996 mm)	4184.4 lbs (1902 kg)

QLI POWERLIFTING DUAL RACK

MODEL: QPDR83









DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
86 9/16" (2199 mm)	75" (1905 mm)	56 1/8" (1426 mm)	451 lbs (205 kg)	1650 lbs (750 kg)



ACCESSORIES

Complete your training environment with our comprehensive range of accessories, designed to enhance functionality, convenience, and workout efficiency.

From essential training tools to practical add-ons, QLI Fitness accessories are built to integrate seamlessly into professional and home gym setups - supporting consistent performance and a refined training experience.

Elevated accessories from “extras” to performance enablers





QLI DOUBLE D HANDLE
MODEL: QDH008



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
8 1/16" (205 mm)	6 7/16" (164 mm)	4 7/8" (124 mm)	4.2 lbs (1.9 kg)	880 lbs (400 kg)

QLI PULL UP BAR
MODEL: PUB1080



DIMENSIONS

Length	Width	Height	Net Weight
42 1/2" (1080 mm)	5 1/2" (140 mm)	2 3/4" (70 mm)	7.48 lbs (3.4 kg)

QLI PULLEY CABLE ATTACHMENT
MODEL: QPCA12



DIMENSIONS

Length	Width	Height	Net Weight
12 15/16" (328 mm)	6 5/8" (168 mm)	8 1/16" (205 mm)	17.6 lbs (8 kg)

QLI LAT PULLDOWN SEAT
MODEL: QLPS37

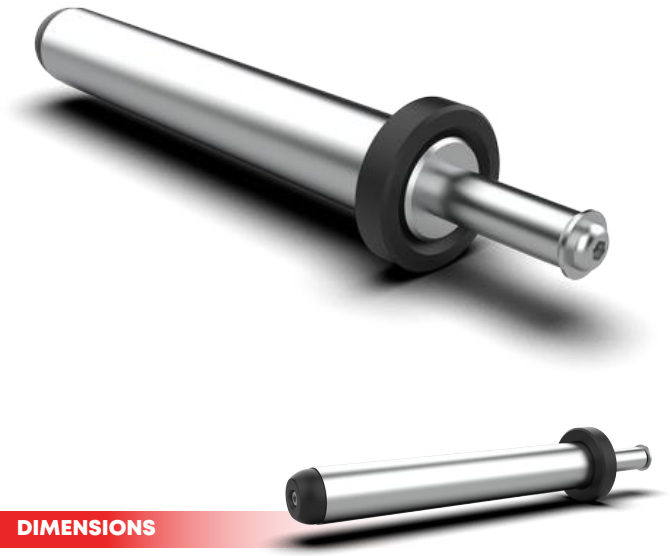


DIMENSIONS

Length	Width	Height	Net Weight
37 5/8" (955 mm)	23 7/8" (607 mm)	20 13/16" (528 mm)	72.6 lbs (33 kg)

QLI WEIGHT PLATE STORAGE RACK ATTACHMENT

MODEL: QWSA16



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
16 11/16" (424 mm)	3 1/8" (80 mm)	3 1/8" (80 mm)	3.7 lbs (1.7 kg)	330 lbs (150 kg) Each weight holder

QLI LEG CURL ATTACHMENT

MODEL: QLCA23



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
23 7/16" (595 mm)	24 7/16" (621 mm)	23 1/8" (588 mm)	41.8 lbs (19 kg)	330 lbs (150 kg) Each weight holder

QLI CABLE COLUMN ATTACHMENT

MODEL: QCCA40



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
106 1/8" (2696 mm)	40 9/16" (1030 mm)	29 1/4" (743 mm)	556.6 lbs (253 kg)	242 lbs (110 kg) Per set



QLI POWER J-HOOKS
MODEL: QPJH07



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
7 1/16" (180 mm)	3 11/16" (93 mm)	9 1/2" (241 mm)	9.2 lbs (4.2 kg)	2200 lbs (1000 kg) Per pair

QLI SAFETY RACK STRAP SET
MODEL: QSRS49



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
49 5/8" (1260 mm)	6 1/8" (155 mm)	4 13/16" (122 mm)	29.7 lbs (13.5 kg)	2200 lbs (1000 kg) Per pair

QLI PULL-UP BAR ATTACHMENT
MODEL: QPBA43



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
41 5/16" (1050 mm)	6 3/8" (162 mm)	15 3/8" (391 mm)	35.2 lbs (16 kg)	440 lbs (200 kg) Per pair

QLI SQUAT RACK FRAME
MODEL: QSRF77



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
77 9/16" (1970 mm)	9 7/16" (240 mm)	94 13/16" (2408 mm)	147.4 lbs (67 kg)	660 lbs (300 kg) Per pair

QLI LEG PRESS ATTACHMENT

MODEL: QLPA51



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
51 3/16" (1300 mm)	15 3/16" (385 mm)	4 1/2" (114 mm)	52.8 lbs (24 kg)	330 lbs (150 kg) Each weight holder

QLI ADJUSTABLE JAMMER ARMS

MODEL: QAJA14

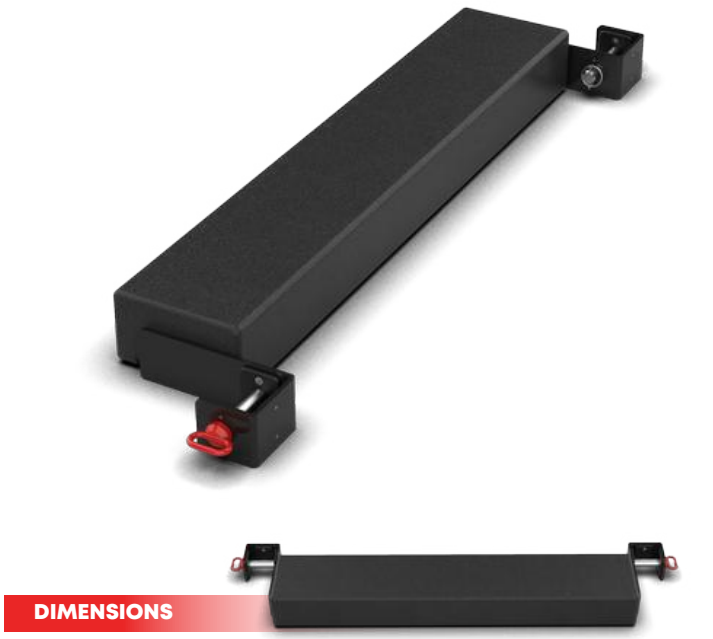


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
14" (356 mm)	8 7/16" (214 mm)	2 15/16" (75 mm)	44 lbs (20 kg)	330 lbs (150 kg) Each weight holder

QLI FLAT WEIGHT BENCH ATTACHMENT

MODEL: QFWBA48

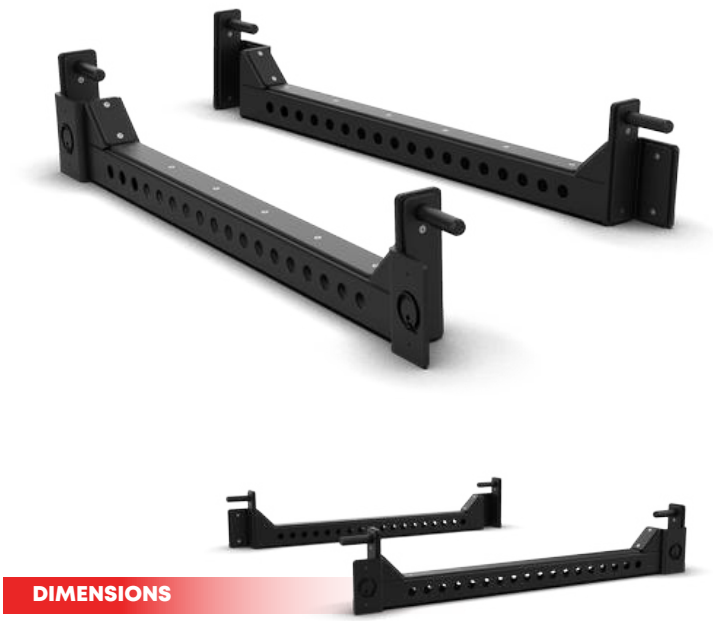


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
52 15/16" (1344 mm)	11 7/16" (290 mm)	4 1/2" (115 mm)	26.4 lbs (12 kg)	330 lbs (150 kg) Per set

QLI SAFETY BARS

MODEL: QSB49



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
49 7/16" (1255 mm)	9 1/16" (230 mm)	3 9/16" (90 mm)	59.4 lbs (27 kg)	2200 lbs (1000 kg) Per pair

QLI UTILITY SEAT SET

MODEL: QUSS48



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
48 ¼" (1225 mm)	13 ¾" (350 mm)	3 3/16" (81 mm)	52.8 lbs (24 kg)	990 lbs (450 kg)

QLI BARBELL HANGER RACK

MODEL: QBHR11



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
11 13/16" (300 mm)	6 7/8" (174 mm)	2 15/16" (75 mm)	6.6 lbs (3 kg)	440 lbs (200 kg) Per pair

QLI CABLE PULLEY SYSTEM

MODEL: QCPS23



DIMENSIONS

Length	Width	Height	Net Weight
23 3/8" (593 mm)	12 5/16" (313 mm)	4 ½" (115 mm)	30.8 lbs (14 kg)

QLI DIP BAR ATTACHMENT

MODEL: QDBA27

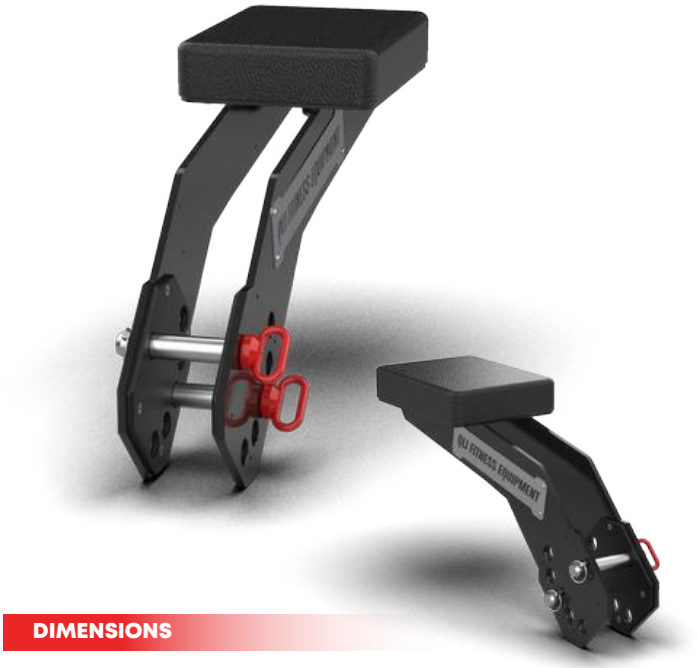


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
27" (686 mm)	26 15/16" (685 mm)	7 7/8" (200 mm)	28.6 lbs (13 kg)	660 lbs (300 kg) Per set

QLI CHEST SUPPORT ATTACHMENT

MODEL: QCSA26

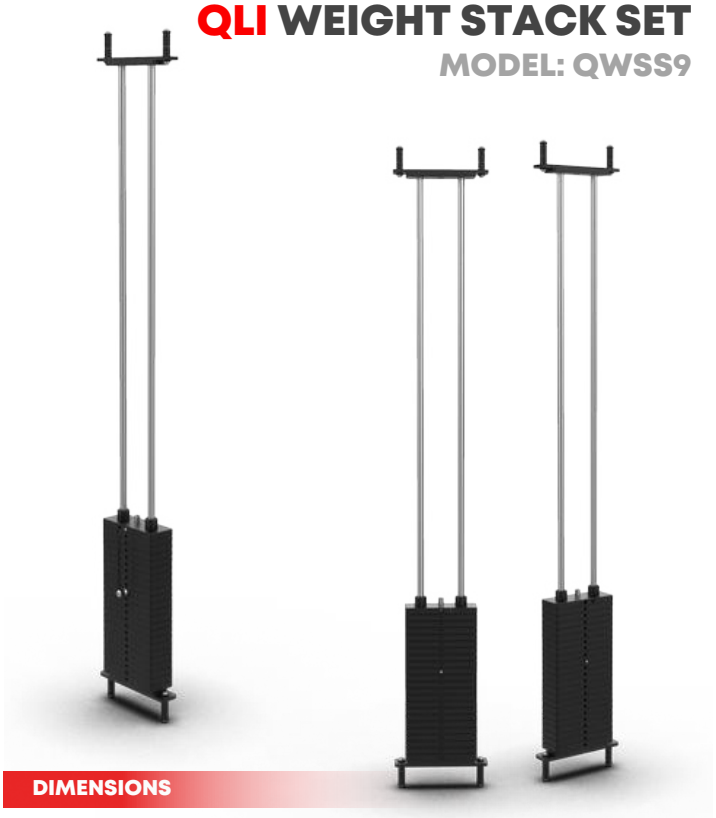


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
14 7/8" (378 mm)	14 3/8" (365 mm)	8 11/16" (220 mm)	30.8 lbs (14 kg)	660 lbs (300 kg) Per pair

QLI WEIGHT STACK SET

MODEL: QWSS9



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
94 9/16" (2402 mm)	13 3/4" (350 mm)	4 1/8" (105 mm)	279.4 lbs (127 kg)	242 lbs (110 kg) Per set

QLI LAT PULLDOWN BAR

MODEL: QLPB42



DIMENSIONS

Length	Width	Height	Net Weight
42 7/16" (1078 mm)	6 1/8" (156 mm)	1 9/16" (40 mm)	6.6 lbs (3 kg)

QLI CABLE CROSSOVER ATTACHMENT

MODEL: QCCA106



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
106 1/8" (2696 mm)	66 7/8" (1698 mm)	55 15/16" (1421 mm)	565.4 lbs (257 kg)	242 lbs (110 kg) Per set

QLI ADJUSTABLE LEVER ARMS

MODEL: QALA80

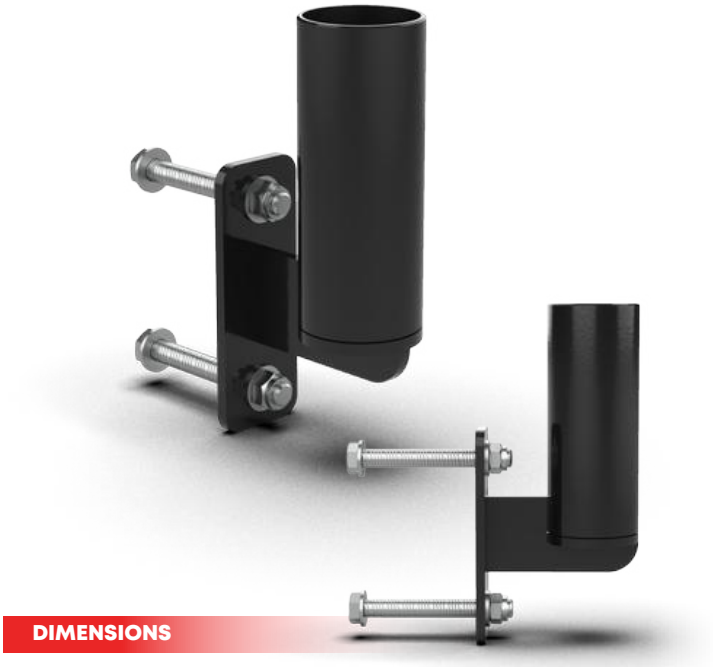


DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
80 ½" (2044 mm)	49 13⁄16" (1265 mm)	18 1⁄16" (459 mm)	246.4 lbs (112 kg)	330 lbs (150 kg) Each weight holder

QLI BARBELL STORAGE RACK ATTACHMENT

MODEL: QBSA04



DIMENSIONS

Length	Width	Height	Net Weight
8 11⁄16" (221 mm)	2 3⁄8" (60 mm)	4 3⁄16" (106 mm)	3.7 lbs (1.7 kg)

QLI RIG UPRIGHT

MODEL: QRU98



DIMENSIONS

Length	Width	Height	Net Weight
5 7⁄8" (150 mm)	5 7⁄8" (150 mm)	98 13⁄16" (2510 mm)	35.2 lbs (16 kg)

QLI CONNECTING BAR

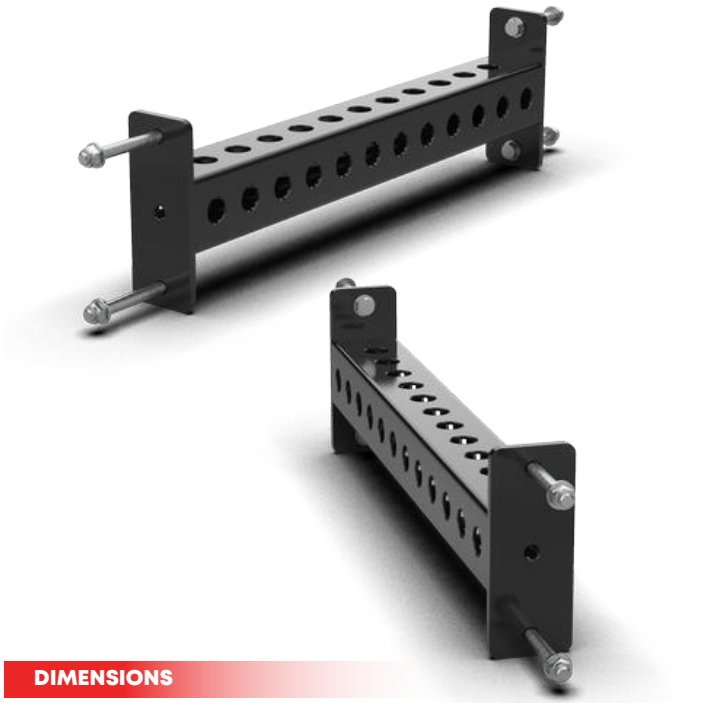
MODEL: QCB42



DIMENSIONS

Length	Width	Height	Net Weight
42 ½" (1080 mm)	7 ½" (190 mm)	2 15⁄16" (75 mm)	17.6 lbs (8 kg)

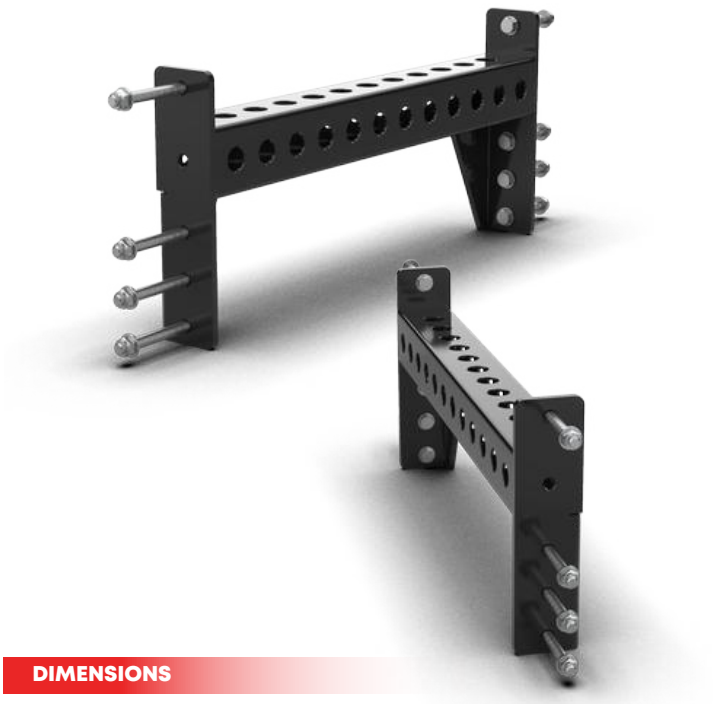
QLI CONNECTING BAR
MODEL: QCB24



DIMENSIONS

Length	Width	Height	Net Weight
24 13/16" (630 mm)	7 1/2" (190 mm)	2 15/16" (75 mm)	13.2 lbs (6 kg)

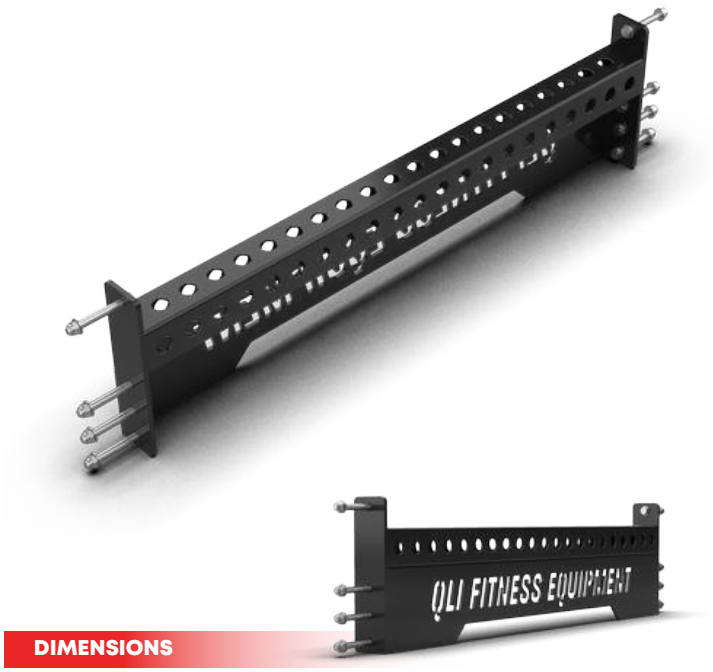
QLI CONNECTING BAR
MODEL: QCB2401



DIMENSIONS

Length	Width	Height	Net Weight
24 13/16" (630 mm)	11 7/16" (290 mm)	2 15/16" (75 mm)	17.6 lbs (8 kg)

QLI CONNECTING BAR
MODEL: QCB4201



DIMENSIONS

Length	Width	Height	Net Weight
42 1/2" (1080 mm)	11 7/16" (290 mm)	2 15/16" (75 mm)	33 lbs (15 kg)

QLI CONNECTING BAR
MODEL: QCB4202



DIMENSIONS

Length	Width	Height	Net Weight
42 1/2" (1080 mm)	11 7/16" (290 mm)	2 15/16" (75 mm)	24.2 lbs (11 kg)

QLI SAFETY SPOTTER ARMS

MODEL: QSA024



DIMENSIONS

Length	Width	Height	Net Weight	Weight Capacity
24 1/8" (613 mm)	8 1/8" (207 mm)	4 1/8" (105 mm)	33 lbs (15 kg)	2200 lbs (1000 kg) Per pair

QLI STIRRUP HANDLE

MODEL: QSH006



DIMENSIONS

Length	Width	Height	Net Weight
6 7/16" (164 mm)	6 3/8" (162 mm)	1 3/16" (30 mm)	1.32 lbs (0.6 kg)

QLI TRIANGLE GRIP HANDLE

MODEL: QTGH07



DIMENSIONS

Length	Width	Height	Net Weight
7 11/16" (195 mm)	6 9/16" (166 mm)	6 15/16" (176 mm)	6.6 lbs (3 kg)

QLI LANDMINE RACK ATTACHMENT

MODEL: QLRA19



DIMENSIONS

Length	Width	Height	Net Weight
19 1/4" (489 mm)	6 5/8" (168 mm)	4 11/16" (119 mm)	11 lbs (5 kg)

QLI BARBELL
MODEL: QB086



QLI FIXED BARBELL
MODEL: QLFB01



DIMENSIONS

Net Weight
22 - 110 lbs
(10 - 50 kg)



QLI EZ CURL BARBELL
MODEL: QLCB01



DIMENSIONS

Net Weight
22 - 110 lbs
(10 - 50 kg)



QLI WEIGHT PLATES
MODEL: QWS007



DIMENSIONS

Net Weight
5.5 - 55 lbs
(2.5 - 25 kg)



QLI KETTLEBELL SET

MODEL: QKS014



11 PAIRS/SET
(4 KG - 32 KG)



DIMENSIONS	Net Weight
	8.8 - 70.4 lbs (4 - 32 kg)

QLI HEXAGON DUMBBELL

MODEL: QDS016

20 PAIRS/SET
(2.5 KG - 50 KG)



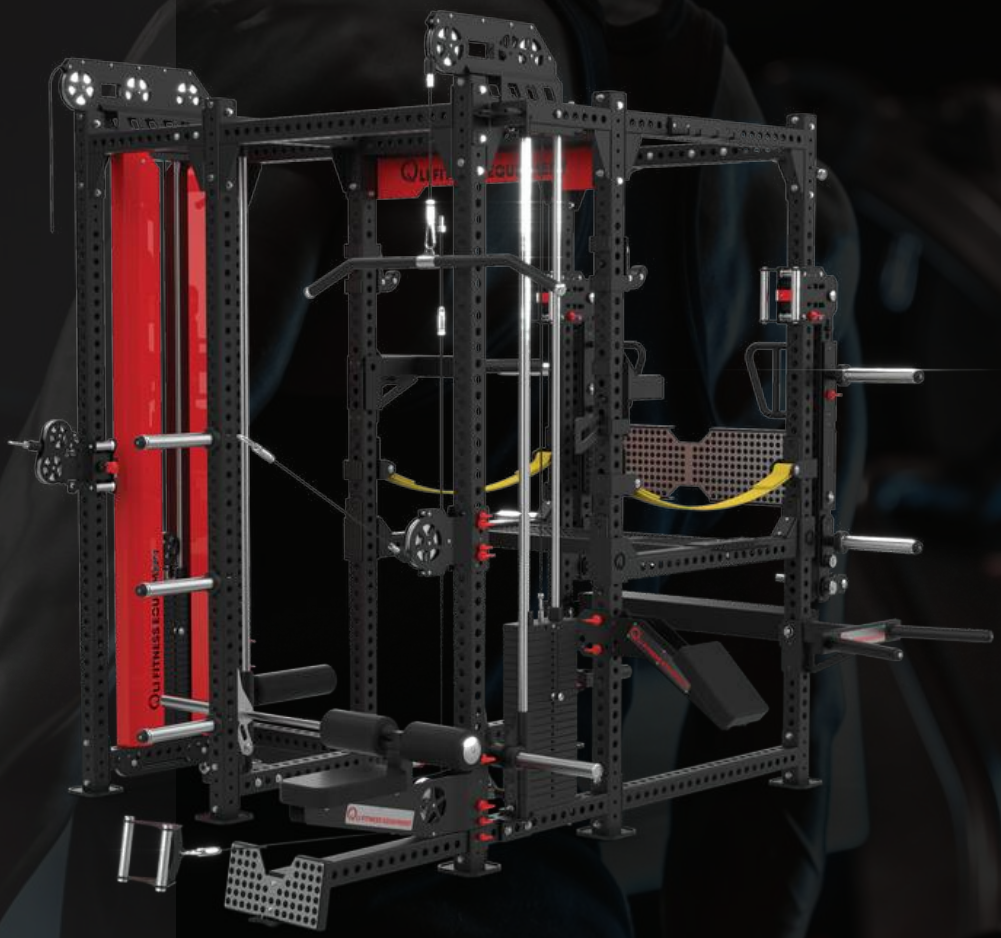




DIMENSIONS	Net Weight
	5.5 - 110 lbs (2.5 - 50 kg)



QLI FITNESS EQUIPMENT



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